



WHAT'S ON THE STATION



SEPTEMBER

- FRI 20 **Friday Bar Eats n Beats** 4–10pm
- SAT 21 **Homegrown Market** 9am–2pm
Make Space & Secret Book Stuff
Story Time & Craft, 11am
Peaceful Minds Project
Meditation for International Day of Peace, 4.30pm
Secret Book Stuff Book Launch FREE EVENT
w/ TJ Johnson - the Daavar series, 4pm
- SUN 22 **Sunday Sessions @ The Station** 12–7pm
- MON 23 **Secret Book Stuff** Just Write, 5.30–7pm
Peaceful Minds Project
Rest - Restorative Yoga & Sound Bowl Meditation, 7.15pm
- WED 25 **Peaceful Minds Project**
– Lunch Time Lay Down, 12.15pm
– Yin Yoga + Sound Healing, 6–8pm TICKETS ONLINE
- FRI 27 **Make Space**
'Stance' Surf Art & Photography Exhibition opening night, 5–8pm
- SUN 28 **The Green Altar**
Plant party on the Platform, 9am–3pm
- SUN 29 **Sunday Sessions @ The Station** 12–7pm
Secret Book Stuff
Poetry night w/ Girls on Key, 6pm TICKETS BY DONATION
- MON 30 **Peaceful Minds Project**
Sound Bowl Meditation, 7.15pm
School Holiday Activities 10am–4pm*

OCTOBER

- TUE 1 **School Holiday Activities** 10am–4pm*
- WED 2 **SCHOOL HOLIDAY PROGRAM**
Make Space Imagination Station
art & craft workshops, 9am–3pm TICKETS ONLINE
School Holiday Activities 10am–4pm*
Peaceful Minds Project PAY AT EVENT
– School Holiday Kids Yoga, 10–11am
– Lunch Time Lay Down, 12.15pm
– School Holiday Mindfulness + Yoga for Teens, 3pm PAY AT EVENT
- THU 3 **SCHOOL HOLIDAY PROGRAM**
Make Space Imagination Station
art & craft workshops, 9am–3pm TICKETS ONLINE
- FRI 4 **SCHOOL HOLIDAY PROGRAM**
Secret Book Stuff & Make Space Imagination Station, 9am–3pm TICKETS ONLINE
- SAT 5 **Oktoberfest Newcastle 2019** 1–9pm TICKETED EVENT
- SUN 6 **Newcastle Vegan Market**
Pup Conference, 9am–4pm
- MON 7 **Secret Book Stuff**
Just Write: Free Writing Group, 5.30–7pm
Peaceful Minds Project
Sound Bowl Meditation, 7.15pm
School Holiday Activities 10am–4pm*
- TUE 8 **Peaceful Minds Project** Pop up
Slow Yoga, Breathwork + Meditation, 6.15am–7.45am PAY AT EVENT
School Holiday Activities 10am–4pm*
- WED 9 **SCHOOL HOLIDAY PROGRAM**
Peaceful Minds Project PAY AT EVENT
– School Holiday Kids Yoga, 10–11am
– Lunch Time Lay Down, 12.15pm
– School Holiday Mindfulness + Yoga for teens, 3pm PAY AT EVENT
Make Space Imagination Station
art & craft workshops, 9am–3pm TICKETS ONLINE
School Holiday Activities 10am–4pm*
- THU 10 **SCHOOL HOLIDAY PROGRAM**
Make Space Imagination Station
art & craft workshops, 9am–3pm
School Holiday Activities 10am–4pm*
- FRI 11 **SCHOOL HOLIDAY PROGRAM**
Secret Book Stuff & MakeSpace Imagination Station, 9am–3pm TICKETS ONLINE
- SAT 12 **Health & Fitness Festival** 8.30am–6pm
- SUN 13 **Sunday Sessions @ The Station** 12–7pm
- MON 14 **Peaceful Minds Project**
Sound Bowl Meditation, 7.15pm
- THU 15 **Peaceful Minds Project** Pop up
Slow Yoga, Breathwork + Meditation, 6.15–7.45am PAY AT EVENT
- WED 16 **Peaceful Minds Project**
Rest - Restorative Yoga & Sound Bowl Meditation, 7.15–8.30pm
- FRI 18 **Friday Bar Eats n Beats** 4–10pm
- SAT 19 **Homegrown Market** 9am–2pm
Make Space & Secret Book Stuff
Story Time & Craft, 11am
- SUN 20 **Peaceful Minds Project**
Sunday Sound Bowl Meditation, 4–4.45pm
Sunday Sessions @ The Station 12–7pm
- MON 21 **Peaceful Minds Project**
Sound Bowl Meditation, 7.15pm
- WED 23 **Peaceful Minds Project**
Rest - Restorative Yoga & Sound Bowl Meditation, 7.15–8.30pm
- FRI 25 **Secret Book Stuff** Secret Sessions - Music w/ Jason Lowe, 7.30pm TICKETS ONLINE
- SAT 26 **Wollombi @ The Station** 11am–10pm TICKETED EVENT
- SUN 27 **Secret Book Stuff** She The Change: Empowering women's stories, 4pm TICKETS ONLINE
Sunday Sessions @ The Station 12–7pm
- MON 28 **Peaceful Minds Project**
Sound Bowl Meditation, 7.15pm

***School Holiday Activities:** Jumping Castle • Putt Putt Mini Golf • Pony Carts/Cycles • Giant Slide • Big Ball Wipe Out • Hungry Hippo • Food Truck • Fairy Floss • Popcorn • Sno Cones plus more!
f See Facebook event page for full details and 2hr session times. \$15 PER 2 HR SESSION PAY AT EVENT

WILDFLOWER CITY Mon to Sat 7am–1pm

MAKE SPACE Wed to Fri 10am–5pm,
Sat & Sun 10am–4pm

SECRET BOOK STUFF Wed to Fri 10am–5pm,
Sat 9am–4pm, Sun 10am–4pm

HOUSE OF ELLIOTT Wed & Fri 10am–4pm,
Thu 10am–6pm, Sat 10am–3pm, Sun 11am–2pm

PEACEFUL MINDS PROJECT
Regular classes & workshops Sun to Wed

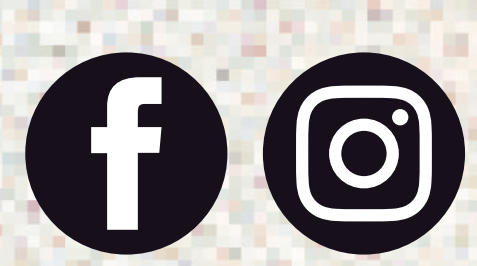
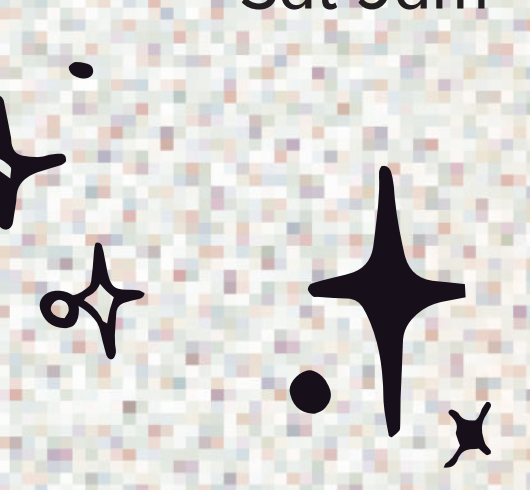
SHARKVIEW From 9am (most days)

THE GREEN ALTAR – OPENS SEPT 28

Wed to Fri 10am–4pm, Sat 9am–5pm,
Sun 12pm–4pm

KIDS SCOOTER TRACK

Kids Scooter Track is free to use anytime the platform is open to the public, but will sometimes be closed due to maintenance or event bump in. Keep up to date via The Station Facebook page.



@thestationnewcastle newcastlestation.com.au

